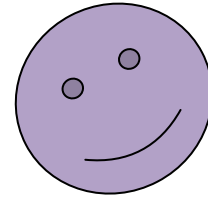


**Fundamental Life Coaching
4 week REV program**

REALIZE



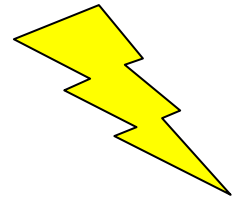
VALUES

CHECK IN

VISION

INTENTIONS

ENERGIZE



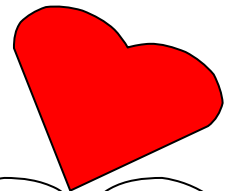
SCHEDULE
AND
ROUTINE

GOALS

SYSTEMS
AND
HABITS



VITALIZE



INTERACT

LEARN

REJUVENATE

MOVE

CREATE